

Northern region

Derbyshire - Durham - Humberside - Leicestershire -
Lincolnshire - Northumberland - Nottinghamshire -
Rutland - Tyne & Wear - Yorkshire



Centaur Biomechanics Rider Analysis Clinic



Centaur's biomechanics clinics are practical, interactive and a fun way to improve your position and learn about the influence it has on your horse's way of going.

For BYRDS, Senior and Para riders

The Centaur rider analysis session will:

- Evaluate your position on your own horse
- Work on exercises to help improve your position
- Provide training to improve your position and your horse's way of going
- Use instant (whilst mounted) video feedback so you can see the difference

You will leave the session with:

- A greater understanding of your position
- Detailed written feedback

Dates and locations:

13th Feb at Witham Villa RC, Cosby Rd, Leics, LE9 6PA

20th March at Hill House EC, Sand Ln, Market Rasen LN8 3TE

21st March at Snainton RC, Station Road, Snainton, Scarborough, North Yorkshire

1st April at Aldham Mill Farm, Wombwell, S Yorks, S73 8EG

2nd April at Richmond Equestrian Centre, Breckenbrough Farm, Richmond North Yorkshire DL10 7PL

22nd April at Sheepgate EC, Sheepgate Nursery, Leverton, Boston, Lincolnshire, PE22 0AS

BD Members inc. Quest/BYRDS Club - £65.00

Associate and Non-Members - £70.00

The fee includes arena hire

Book online today: <https://bookwhen.com/bdnorthern>

Contact Sarah Huntridge

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Since founding Centaur Biomechanics in 2006, Russell Guire has provided performance analysis to the BEF World Class and Excel Talent Programmes.

The Centaur team are riders, trainers and regular competitors so they understand the challenges of riding and have a sympathetic approach to achieving a better position and ability to ride. Russell who carries out the analysis

