

# British Dressage Northern Region

Developing Lateral Work for the Coach & Rider

## Jane Peberdy

Brooksby College, Brooksby, Melton Mowbry, LE14 2LJ

Thursday 17<sup>th</sup> January 2013

2pm – 4:30pm

BD members £10

Non members £12

Cheques payable to  
"British Dressage"

Applications must be received no later than 7 days prior to the training date.

### Cancellations

For cancellation on the day, no refund will be paid.

This counts as 1 Senior regional training day for those interested in Regional teams.



### About Jane:

Jane is a BD List 1 dressage judge. She is on the BHS register of instructors and holds the UKCC level 3 coaching certificate.

Jane trains a variety of dressage riders ranging from novice to advanced level. She is friendly and approachable and has an amazing gift to be able to see the cause of a problem and not just the symptoms. She has a clear, down to earth way of explaining things, which makes it all seem possible!

### About the training:

This will be an opportunity to observe Jane coaching riders through the variety of lateral movements required in the dressage arena. From Leg Yield, Shoulder in, Travers, Half Pass and Pirouettes. Participants will gain an understanding of the aims of each movement, how they should be executed and the effect of the rider. This will be an interactive session open to all coaches and riders alike.

Name.....BD No.....

Email:.....

Mobile phone number:.....

Age (if under 25).....

Preferred time to ride .....

Contact details in case of Emergency:

Name..... Phone number.....

To reserve your place, please send completed application form and full payment (*cheques payable to British Dressage*) to:  
Vikki Hayton, College Farm EC, Tuxford, Notts, NG22 0GT  
Contact: [VikkiHayton@me.com](mailto:VikkiHayton@me.com) 07860 276578  
*All applicants will be sent email confirmation*